

White-Fleshed Peach Varieties for New Jersey

Fact Sheet 1073



Cooperative Extension

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White-fleshed peaches have the same range of fruit and tree characteristics as yellow-fleshed varieties. These suggested varieties include a number with low or sub acid flesh unlike most of the suggested yellow-fleshed varieties.

The following varieties are listed by season of ripening in southern New Jersey. Dates of ripening may be slightly later in the central or northern areas of the state.

Read fact sheets on **Yellow-Fleshed Peach Varieties for New Jersey**, and **Nectarine Varieties for New Jersey** for additional information.

June Maturity

Spring Snow - A medium, globose, 70-90% pinkish over cream-white groundcolor, white-fleshed, clingstone peach ripening June 29-July 1, approximately 27 days before Redhaven. The flesh is firm to very firm with a good sub acid flavor. The tree is vigorous and moderately productive with medium susceptibility to bacterial spot. This peach will produce split pits.

Manon - (PICTURED LEFT) A medium, globose, 70-90% pinkish-red over cream-white ground color; white-fleshed, clingstone peach ripening July 3-6, approximately 21 days before Redhaven. The flesh is firm with very good low acid flavor. The tree is upright spreading, vigorous, and moderately productive with low susceptibility to bacterial spot. The flavor and color on this early variety is very good with low susceptibility to bacterial spot.

July Maturity

Scarlet Pearl - A small to medium, globose to slightly ovate, 50-70% pinkish-red over cream-green ground color, white-fleshed, clingstone peach ripening July 6-9, approximately 18 days before Redhaven. The flesh is moderately firm with good flavor. The tree is vigorous and very productive with low susceptibility to bacterial spot. Scarlet Pearl is suggested for home orchard plantings because of its early maturity and productivity. This peach will produce split pits.

Sugar May - A medium, globose, 80-100% dark purplish-pink-red over pink ground color, white-with red in flesh, clingstone peach ripening July 8-11, approximately 15 days before Redhaven. The flesh is firm with good flavor. The tree is vigorous and moderately productive with medium susceptibility to bacterial spot. Fruit must be thinned hard to get good size. Flavor is good, but acidic; will produce split pits.

Southern Pearl - A medium to medium-large, ovate to slightly globose, 40-60% pinkish purple-red over cream-green ground color, white-fleshed, semi-freestone peach ripening July 17-20, approximately 6 days before Redhaven. The flesh is moderately firm with good acidic flavor. The tree is vigorous, spreading, and productive with low susceptibility to bacterial spot. Southern Pearl is suggested for home orchard plantings.

Suggestions for Home Orchard Plantings:

Scarlet Pearl
Southern Pearl
Raritan Rose
Carolina Belle
Blushing Star

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Snow Bride - A medium-large, globose, 80-100% purple to pinkish-red over cream-red ground color; white-fleshed, semi-freestone peach ripening July 20-23, approximately 5 days before Redhaven. The flesh is firm to very firm with a very good, low acid flavor. The tree is upright spreading, vigorous, and moderately productive with high susceptibility to bacterial spot. The skin is darker, making it less attractive than White Lady and has more bacterial spot.

Raritan Rose - A medium, globose to slightly ovate, 20-50% dark pinkish-red with a greenish-cream ground color, white-fleshed, semi-freestone peach ripening July 25-28 with Redhaven. The flesh is soft with very good aromatic, sweet, and acidic flavor. The tree is vigorous and productive with medium susceptibility to bacterial spot. This is an old favorite in New Jersey and is suggested for home orchard plantings. is soft with very good aromatic, sweet, and acidic flavor. The tree is vigorous and productive with medium susceptibility to bacterial spot. This is an old favorite in New Jersey and is suggested for home orchard plantings.

August Maturity

White Lady - (PICTURED FRONT RIGHT) A medium to large, globose to slightly ovate, 90-100% pink to purplish-red over white-red ground color; white-fleshed, semi-freestone peach ripening July 30-August 4, approximately 5 days after Redhaven. The flesh is very firm with good to very good sub acid flavor. The tree is erect, vigorous, and moderately productive with medium susceptibility to bacterial spot. White Lady is the standard of sub acid white-fleshed peaches. Skin can sometime become discolored with abrasions and ink spots.

Snow Beauty - A medium to medium-large, globose to slightly ovate, 90-100% deep pinkish-red over a slightly cream-red ground color, white-fleshed, semi-freestone peach ripening August 1-4, approximately 7 days after Redhaven.. The flesh is very firm with good flavor. The tree is vigorous and moderately productive with high to very high susceptibility to bacterial spot. This dull, dark pink-skinned variety gets quite a bit of bacterial spot on fruit and tree.

Klondike White - A large to very large, globose, 90-100% pink-purplish-red over a slightly cream-red ground color; white-fleshed, semi-freestone peach ripening August 4-7, approximately 10 days after Redhaven. The flesh is very firm with a very good sweet and sub acid flavor. The tree is vigorous and moderately to lightly productive with high susceptibility to bacterial spot. Klondike is a beautiful and very firm sub acid peach.

Carolina Belle - A medium-large, globose to slightly ovate, 30-70% pinkish-red over a cream-green ground color, white-fleshed, freestone ripening August 9-12, approximately 15 days after Redhaven. It has a sweet, aromatic, acidic and excellent flavor. The tree is vigorous and productive with low susceptibility to bacterial spot. This peach has some of the characteristics of Georgia Belle but with better size, firmness and color; it is suggested for home orchard plantings.

Blushing Star - A medium to medium-large, globose, attractive, 60-80% purplish-red over cream-green ground color, white-fleshed, freestone peach ripening from August 13-17, approximately 19 days after Redhaven. The flesh is firm with an acidic and very good flavor. The tree is vigorous and productive with medium susceptibility to bacterial spot. A nice peach all around, it is also suggested for home orchard plantings.

Sugar Giant - A very large, ovate to slightly globose, 100% bright and full pinkish- to purplish-red with occasional whitish-red ground color; white-fleshed, freestone peach ripening August 16-20, approximately 22 days after Redhaven. The flesh is very firm with a very good and sub acid flavor. Sugar Giant is not quite as firm as White Lady, Klondike White, or Snow Giant. The tree is vigorous and moderately productive with high susceptibility to bacterial spot. Sugar Giant can also get skin discoloration and inking because of its dark color when the skin softens.

Opale - A large, globose, 80-90% dark pink-red, over cream-green ground color, white-fleshed, freestone peach ripening August 22-25, approximately 28 days after Redhaven. The flesh is very firm, with very good sub acid flavor. The tree is upright spreading, vigorous, and moderately productive with high susceptibility to bacterial spot. It is also very susceptible to brown rot.

Snowfire - A large to very large, 70-80% dark purplish-pink-red or over cream-green ground color, white-fleshed, freestone peach ripening August 22-25, approximately 28 days after Redhaven. The flesh is very firm but softens quickly. The flavor is sub acid and very good. The tree is vigorous, moderately to lightly productive with high susceptibility to bacterial spot. Snowfire has the same problems as Snow King: low productivity and high susceptibility to bacterial spot and brown rot. It ripens earlier than Snow King and does not have as much red skin color.

Benedicte - A large to very large, ovate to slightly globose, 80-90% pinkish-red over cream-green ground color, white-fleshed, freestone peach ripening August 24 - 27, approximately 30 days after Redhaven. The flesh is firm to very firm and has quite a bit of red bleeding but the flavor is sub acid and very good. The tree is upright spreading, vigorous, moderately productive with medium to high susceptibility to bacterial spot. This peach ripens just after Sugar Giant but is not as attractive.

Lady Nancy - A very large, ovate to globose peach with 30 to 60% bright, pinkish red over a creamy white ground color; white-fleshed freestone flesh ripening from August 24- 28 approximately 31 days after Redhaven. The flesh has a prominent yellow suture through the white with an acidic but excellent aromatic flavor. The tree is like Jerseyqueen, with a very vigorous, moderate productivity, and high to medium susceptibility to bacterial spot. Fruit is typical Jerseyqueen shape.

Snow King – A slightly oblate to globose, large to very large, 80-90% dark purplish pink red or over cream green ground color, white-fleshed, freestone peach ripening on August 26-29, approximately 33 days after Redhaven. The flesh is very firm with a sub acid very good flavor. The tree is upright spreading, vigorous, and moderately productive with high susceptibility to bacterial spot. Snow King is a challenge to grow in New Jersey due to high susceptibility to bacterial spot and brown rot.

September Maturity

Snow Giant – A very large, globose, 60-80% pinkish purple-red over cream-green groundcolor; white-fleshed, freestone peach ripening from September 3-7, approximately 40 days after Redhaven. The flesh is very firm, with a very good, sub acid flavor. The tree is vigorous and moderately productive, with a high susceptibility to bacterial spot. Snow Giant is not as red skinned as other earlier maturing sub acid peaches.

Yukon King – (PICTURED FRONT CENTER) A large, ovate to slightly globose, 50-80% pinkish red over a cream white ground color; white-fleshed, freestone peach ripening September 6-9 approximately 43 days after Redhaven. The flesh is firm to very firm with an excellent sub acid flavor. The tree is spreading, medium large, and moderately productive with high susceptibility to bacterial spot. This is a great tasting peach but late with spot problems on fruit.

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Comparison Chart of White-Fleshed Peach Varieties with all Peach Varieties

Ripening Date in Southern NJ	Best Peach Cultivars	Best Nectarine Cultivars	Promising Peach Cultivars for Trial	Promising Nectarine Cultivars
June 30 to July 5	Flamin' Fury PF5B, NJ 350, Spring Flame, Sunbrite	Mayfire	Empress, Queencrest, Spring Prince, Spring Snow (W), Manon (W)	
July 6 to July 12	Sugar May (W), Harrow Diamond	ArticStar(W)	Harrow Dawn, Ruby Prince, Scarlet Pearl (W)	Jade (W)
July 13 to July 19	Flamin' Fury PF 7, Glenglo, Harrow Dawn, Sentry, Summer Serenade	Easternglo, Arctic Sweet (W), Arctic Glo (W)	Vulcan, NJ F 18, Southern Pearl(W)	Honeykist, NJN 100
July 20 to July 26	Flavorcrest, GaLa	Harblaze	Flamin' Fury PF10, Saturn (W), SnowBride (W), Vinegold, NJF 15	Honeyblaze
July 27 to August 3	Early Loring, Flamin' Fury PF15A, Flamin' Fury Lucky 13, John Boy, Late Sunhaven, Redhaven, White Lady (W), Flamin' Fury PF Lucky 12	Harflame, Summer Beaut	Blazing Star, Flamin' Fury PF Jersey 14, NJF 16, Galaxy (W), Redstar, Salem, Starfire, Snow Beauty (W)	Flamin' Fury PF11, Crimson Snow (W)
August 4 to August 10	Blaze Prince, Bounty, Coralstar, Flamin' Fury PF17, Harrow Beauty, Klondike (W), Salem	Artic Jay (W), Flavortop, Sunglo	Harrow Fair, Flamin' Fury PF19-007, Flamin' Fury PF20-007, NJ F 17 (W)	Arctic Belle (W), Emeraude (W)
August 11 to August 18	Allstar, Contender, Flamin' Fury PF23, Flamin' Fury, PF24-007, Loring	Redgold	Carolina Belle (W), Glowingstar, Redkist, Scarlet Prince, Suncrest, Blushingstar (W)	Jolly Red Giant
August 19 to August 26	Cresthaven, Flamin' Fury PF Lucky 24B, Flamin' Fury PF25, NJ 351, 352	Fantasia	Sugar Giant (W), Opale (W), Snowfire (W), Benedicte (W)	Arctic Gold (W)
August 27 to September 3	Fayette, Flamin' Fury PF27A, Jerseyglo, Jerseyqueen, Redskin		Lady Nancy (W), SnowKing (W)	Stark Ovation, Zephyr (W), Topaze (W)
September 3 to September 10	Autumnglo, Encore, Flameprince, Laurel		Autumn Star, Flamin' Fury PF 28-007, Snow Giant (W), Yukon King (W)	Arctic Pride (W)
September 10 and Later	NJ 353, Parade		Big Red (CVN#3)	

See Table 11.1 in "Tree Fruit Pests and Controls" in the New Jersey Tree Fruit Production Guide for bacterial spot ratings.
(W) Indicates White-Fleshed.

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